

## ADHD Support Group Wirral

Come along to one of our free  
monthly Meetings.....

Come along and chat to other parents and carers who are looking after children and young people living with ADHD.

Whether you are currently going through a diagnosis, have a diagnosis or even just not sure yet, all are welcome.

We will discuss anything from medication, diet, strategies and special educational needs with guest speakers from a range of different areas.

### **We meet on the following days:**

**1st Tuesday of the month 1-3pm**—Woodlands Primary School,  
Hollybank Road, Birkenhead CH41 2SY

**1st Thursday of the month 6-8pm**—Wallasey Central  
Library, Earlston Road, 1st floor

**3rd Thursday of the month 9:00-11:00am**- The Lodge  
at Liscard Primary School, Withens Lane.

**\*\*For School Holidays—please check\*\***

More details contact ....

Natalie.wojcik@adhdfoundation.org.uk or call Natalie on 07376363906



**FIND US ON FACEBOOK—ADHD Support  
Group Wirral**